BHSU. FOOTBALL



2023 TEAM CAMPS

SESSION I: JUNE 4-6 9-MAN CAMP

SESSION 2: JUNE 7-9 II-MAN SMALL SCHOOL

SESSION 3: JUNE 10-12 11-MAN SMALL SCHOOL

SESSION 4: JUNE 13-15 11-MAN LARGE SCHOOL

"OUR GOAL IS TO HELP YOUR PROGRAM SUCCEED"

Our format allows you and your team to work on individual fundamentals and techniques which fit your program schemes and philosophies. Your team will then be provided the opportunity to work against other schools in controlled scrimmages.

Each school will be provided a designated practice field where individual team drills and schemes can be reviewed or introduced. The camp coaching staff will assist your team in any capacity that you wish.

High school coaches will have multiple opportunities to work with their teams. It is our responsibility to ensure that your squad gets the most from this camp experience and that you are healthy and prepared for your fall season.

Josh Breske – Bhsu Head Coach & Alumnus







ALL campers will register on our new camp website. If the coach will be presenting a team check – we will provide a free discount code for registrations.



BHSU FOOTBALL TEAM CAMP SCHEDULE

Day 1:

12:00-2 p.m. Registration - Young Center 2:30 p.m. Coaches Meeting (Rm 214) 3:15 p.m. Players Meeting (Stadium)

3:45-4:45 p.m. Team Practice

5-6:30 p.m. Dinner

7-7:30 p.m. Varsity Scrimmages

7:45-8:30 p.m. JV Scrimm./Team Practice

9-10:15 p.m. Player Free Time

10:30 p.m. Lights Out

Day 2:

6:45-8 a.m. Breakfast

8:30 a.m. Defensive Technique Session

9:30 a.m. Team Practice

10:15-10:45 a.m. Varsity Scrimmages

10:45-11:15 a.m. JV Scrimm./Team Practice

11:30 a.m.-1 p.m. Lunch

2 p.m. Offensive Technique Session

2:45 p.m. 7-on-7/Lineman Games

3:45 p.m. Team Practice

5-6:30 p.m. Dinner

6:30 p.m. JV Scrimmages

7 p.m. Varsity Scrimmages

7:30 p.m. Scrimmage "5 at the Hive"

9 -10:15 p.m. Players Free Time

10:30 p.m. Lights Out

Day 3:

6:45-8 a.m. Breakfast

7:45-8:45 a.m. Dorm Clean-Up 9:00-9:15 a.m. Team Warm-Up

9:15-9:45 a.m. JV/Varsity Scrimmages

10:00-10:30 a.m. Border War

11-12:00 p.m. Lunch

11-12:30 p.m. Dorm Check Out